

### Physician & Physician Self-Guided Collection Instructions.

Two bags are provided. One with Sample Collection Kit Instructions/ and one with a sanitizing product.

Open kit package. Remove the tube and sanitizing wipe. Set the tube and sanitizing wipe aside before beginning instructions below to collect the specimen requested by your health-care provider.

**WARNING: Cap choking hazard, keep out of the reach of children. If at any time the contents of the tube are spilled on your skin, or eyes, wash the affected area with water. DO NOT ingest liquid.**

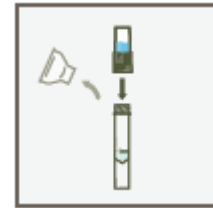
**1.** Fill the tube with saliva to the black wavy line.



**\*.** Fill the tube until your saliva (not including bubbles) is at or just above the wavy line.

**DO NOT OVERFILL.**

**2.** Replace the funnel with the fluid cap. Remove the funnel from the tube. Screw on the enclosed cap **TIGHTLY** to release the solution that will stabilize the RNA in your saliva.



**3.** Firmly screw cap down to release solution and seal tube. You will know it works when the blue solution from the cap is released into the tube. Firmly tighten cap to assure the cap and tube is completely sealed.

**4.** Shake the tube for at least five seconds. This will ensure your sample mixes thoroughly with the stabilizing solution.



5. Wipe tube with alcohol wipe provided.
6. Confirm your Name and Date of Birth, and place label on tube.
7. Return the tube as instructed by your health-care provider.

