

ISOLATION FOR STUDENTS

Students will be assigned a designated self-isolation space by University staff after they have received a positive COVID diagnosis.

The purpose of isolation is to lower the risk of spreading the illness to others. You are to restrict activities outside your residence, except for getting medical care. Do not go to work or class, avoid common areas or public spaces. Do not use public transportation, ride-sharing like Uber or Lyft, or taxis.

Failure to comply fully with isolation is both a violation of Rights, Rules, Responsibilities as well as local and regional policies. This is not merely a University guideline. Starting January 14, 2022, isolation will be **a minimum of 5 days for those that are fully vaccinated, and a minimum of 10 days for those that are not fully vaccinated.** The day of your test is considered day 0. After 5 days if you're vaccinated and 10 days if you are not, you will be reassessed for symptoms to see if isolation must continue. As of 1/14/2022, a booster shot is not required to be considered "fully vaccinated." This may change as CDC guidance changes, and will be updated here.

Some important tips:

- **Stay away from others:** With the exception of getting meals or medical care, stay in your bedroom and away from other people.
- **If you live in any university housing** and have your own sleeping space, it is possible that you will be staying in your room to isolate, rather than moving into isolation housing.
- **Call ahead before visiting your medical provider:** If you need medical care during University Health Services' operational hours, call 609-258-3141 first. If you need urgent medical care, call 911.
- **Wear a face covering:** if you must leave your room (including every time you pick up your meals and when entering a medical facility), wear a face covering and wash your hands thoroughly before and afterwards.
 - **You must wear a KN95 mask for days 6-10 of isolation if you are released after day 5.**
- **Regularly and thoroughly clean your hands** by washing them with soap and water for 20 seconds or use an alcohol-based hand sanitizer (containing at least 60% alcohol).
- **Avoid touching your eyes, nose and mouth.**
- **Cover your mouth and nose with your bent elbow or a tissue when you cough or sneeze.** Then dispose of the used tissue immediately. Follow by washing your hands.
- **Do not share** dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people.
- **Clean high touch surfaces** daily with disinfectant wipes. High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables.

GETTING MEDICAL CARE

Call ahead before visiting any medical provider(s).

If you need medical care during University Health Services' operational hours, call 609-258-3141 to speak with the on-call physician.

If you need urgent medical care or are calling University Health Services after hours, dial 911 to be connected to the Department of Public Safety.

Seek prompt medical attention if you develop symptoms or symptoms worsen (e.g., difficulty breathing).

Up-to-date University guidance for COVID-19 can be found at <http://covid.princeton.edu>