



CLASS OF 2026 UHS REQUIREMENTS CHECKLIST

Detailed instructions for all of these items can be found on the UHS website:

<http://uhs.princeton.edu/2026>



ALL Students must



Varsity (and Club Rugby) Student-Athletes must ALSO

NOW

- Make an appointment with your health care provider (e.g., nurse practitioner, doctor, physician's assistant)

- Read the *Athletic Medicine Welcome Letter*

AT HEALTH CARE PROVIDER'S APPOINTMENT

- Obtain necessary immunizations and a copy of your record
 - Include chest x-ray reports or lab titers, if applicable
- Bring *Medical Clearance* form with you for completion by your provider

- Provide proof of Sickle Cell testing and a copy of the results
- Obtain copies of medical records (i.e., lab results, x-ray reports, surgical history), if requested

BY JUNE 30

- Make your health insurance decision
- Complete *Health History Form*
- Enter immunization history into MyUHS
- Upload forms to MyUHS:
 - Immunization Record
 - Medical Clearance
- Upload letters from your health care provider, if applicable
- Upload *Permission for Health Care of a Minor* form, if applicable
- Upload or complete any additional forms
- Enroll in Dental Plan (optional)
- Enroll in Vision Plan (optional)

- Determine comparable insurance coverage
- Complete the *Incoming Athlete Health History Form*
- Upload medical records, if requested
- Upload forms to MyUHS:
 - Sickle Cell Trait (SCT) Lab Test Results
 - *NCAA Medical Exception Form for ADHD/ADD* to MyUHS (if applicable)

BEFORE COMING TO CAMPUS

- Bring health insurance cards
- Complete *Texting Opt-in/Opt-out* form